

The Consequences of Not Spending Time With Our Children....

Dear parent,

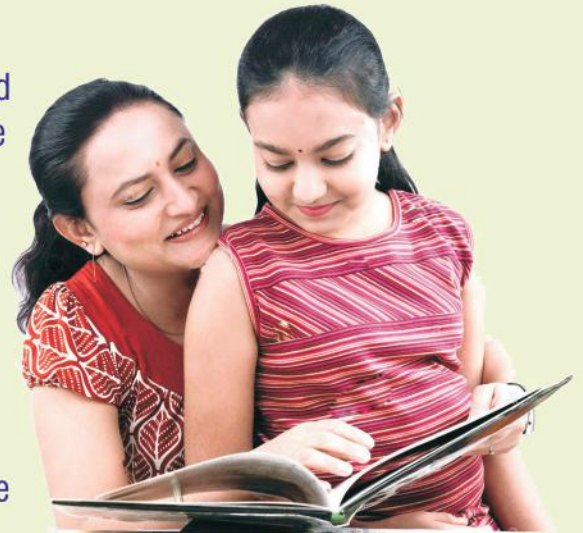
In the wake of a horrible incident involving a girl child in Ayanavaram, we would like to draw your attention to the following.

WHY DO SUCH INCIDENTS TAKE PLACE?

- ◆ Failure of parents and teachers to explain about the **age-related changes** in the child's body.
- ◆ **Lack of awareness** on the part of the child to deal with the known and the unknown people and their words and actions.
- ◆ **Fear to talk it out** whenever the child comes across any bitter experience.
- ◆ The '**shut your mouth**' shouts by the parents and teachers whenever the child tries to express something.
- ◆ **Unreasonable expectations of the parents** from the child resulting in excessive stress and mind diversion.
- ◆ **Negligence of parents and teachers** when the child shares a real issue right at the beginning stage.
- ◆ The girl child developing a depressed mindset due to **preferences given to boys over girls** in the family.

HOW TO PREVENT SUCH INCIDENTS?

- ◆ Parents should **spend ten minutes** at the least with the child everyday asking - "What happened in school today?", "Was there any problem on the road?", "Why do you look dull today?" etc..
- ◆ Parents and teachers should develop the **habit of listening to children**. Talking and listening should be a two-way affair.
- ◆ Appreciating even for small things will **bring the child closer to us** enabling her / him to speak her / his mind without hesitation and fear.
- ◆ Mistakes committed by the children can be corrected only by the **gentle and smart words**, not by shouts and punishments.
- ◆ Parents and teachers only aggravate the problem by **raising voice and threatening** the children. Here appears the distance which is the root cause of all further problems.
- ◆ Studies or other skills, children will do only what they can do. Undue pressure on them caused by **our dreams and expectations** leads to unexpected problems.
- ◆ The boys who will be men in near future should be taught early to **respect the other sex**, accept equal rights for their sisters, be a little spiritual and lead a principled life of not hurting anyone by words and deeds.
- ◆ My body is my right. This is how every child should be made to feel. Mothers should explain to the girls about the 'safe touch', 'confusing touch' and 'unsafe touch'.



We at Everwin assure that we will launch a comprehensive awareness programme to enlighten our students on the issues discussed above and ensure that they tread on the right path without any obstacle.



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